

**RULES OF THE PETER HOUSEMAN YOUTH LEAGUE**

**GIRL'S LEAGUE**

**1. NOMENCLATURE AND CONSTITUTION**

- (a) As per the Peter Houseman Youth League Rules.
- (b) As per the Peter Houseman Youth League Rules.
- (c) The League shall be divided into age groups, depending upon applications received.
- (d) As per the Peter Houseman Youth League Rules.
- (e) As per the Peter Houseman Youth League Rules.

**2. ENTRANCE FEE, SUBSCRIPTION AND DEPOSIT**

As per the Peter Houseman Youth League Rules.

**3. OFFICERS**

As per the Peter Houseman Youth League Rules.

**4. MANAGEMENT, NOMINATION, ELECTION**

As per the Peter Houseman Youth League Rules.

**5. POWERS OF THE MANAGEMENT**

As per the Peter Houseman Youth League Rules.

**6. ANNUAL GENERAL MEETING**

As per the Peter Houseman Youth League Rules.

**7. AGREEMENT TO BE SIGNED**

As per the Peter Houseman Youth League Rules.

**8. QUALIFICATION OF PLAYERS**

As per the Peter Houseman Youth League Rules.

**9. CLUB COLOURS, CLUB NAME**

As per the Peter Houseman Youth League Rules.

**10. PLAYING SEASON, CONDITIONS OF PLAY, TIMES OF KICK-OFF, POSTPONEMENTS AND SUBSTITUTES**

(a) As per the Peter Houseman Youth League Rules.

(b) As per the Peter Houseman Youth League Rules, except for the following.

- (i) All matches shall be played in accordance with the laws of the game as settled by the International Football Association Board.

The dimensions of the playing area are as follows:-

Max Length: - 210' {63.975 metres} Min Length: - 85' (25.91 metres)  
Max width: - 127.5' (38.865 metres) Min Width: - 55' (16.75 metres)

The centre mark shall be surrounded by a circle 3' (0.91 metre) in radius a half way line may be marked across the playing area.

The penalty area shall be a semi-circle 25' (7.62 metres) radius shall be drawn from the centre of each goal line. The extremities of these semi-circles shall reach the touchline.

A penalty mark shall be placed at a point 20' (6.09 metres) from the centre of each goal.

The goal shall be 12' (3.65metres) long by 6' (1.82 metres) high.

- (ii) The duration of the game shall be:-

Under 12 - 30 minutes each way

Under 14 - 30 minutes each way

Under 16 - 30 minutes each way

Allowance shall be made in either period for time lost through stoppages as decided by the referee.

The duration of either half shall be extended to enable a penalty kick to be taken. At half time, the interval shall not exceed 5 minutes, except by consent of the referee.

- (iii) The ball size shall be:-

Under 12 - Size 4

Under 14 - Size 4

Under 16 - Size 5

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(c) As per the Peter Houseman Youth League Rules.

(d) As per the Peter Houseman Youth League Rules.

(e) As per the Peter Houseman Youth League Rules, except the following:

The match shall be played by two teams of seven players. One player of each team shall be the goalkeeper, who must wear distinguishing colours.

A minimum of 5 players will constitute a team for a competition match. No match shall continue if either side is reduced to 4 players.

The names of each team are to be given to the referee before the commencement of each fixture.

All age groups are allowed to play rolling substitutes throughout the game. A rolling substitute is one which is made when the ball is still in play and is subject to the following conditions:-

(f) As per Peter Houseman Youth League Rules, except the following:

All matches are to be played at Down Grange Playing Fields, Pack Lane, Basingstoke, unless an alternative venue is agreed by the Divisional Secretary.

In the case of bad or severe weather, both teams must ring the Divisional Secretary after midday on the Friday before the match is due to be played, to check whether the pitches are playable.

(g) As per Peter Houseman Youth League Rules.

(h) As per Peter Houseman Youth League Rules.

(i) As per Peter Houseman Youth League Rules.

(j) As per Peter Houseman Youth League Rules.

(k) There is no offside

(l) When a player is taking a direct or indirect free kick all of the opposing players shall be at least 6' (1.82 metres) from the ball until its been played.

(m) The dimensions of the playing area are as follows:-

Max Length:- 45 yards (42 meters) Min Length:- 27 yards (25 meters)

Max Width:- 27 yards (25 meters) Min Width:- 16 yards (15 Meters)

The playing area is divided into two halves by the halfway line.

The centre mark is indicated at the midpoint of the halfway line. A circle with a radius of 3 meters is marked around it.

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A penalty area is defined at each end of the pitch as follows:

A semi-circle of 6 meters radius shall be drawn from the centre of each goal line. The extremities of these semi-circles should reach the goal line.

A penalty mark is drawn 6 meters from the midpoint between the goal posts and equidistant from them.

A quarter circle with a radius of 25cm from each corner is drawn inside the playing area.

Goals must be placed on the centre of each goal line.

They consist of two upright post equidistant from each corner and joined at the top by a horizontal crossbar.

The distance (inside measurement) between the posts is maximum 5 meters, minimum 3 meters and the distance from the lower edge of the crossbar to the ground is maximum 2 meters, minimum 1.2 meters.

Both goal post and the crossbar have the same width and depth of 8cm. Nets, made of hemp, jute or nylon, are attached to the post and crossbars behind the goals. The lower part is supported by curved bars or some other adequate support.

The goals may be portable but they must be anchored securely to the ground during play as per Health and Safety requirements.

- (n) Team managers are responsible for ensuring all aspects of 'Fair Play' are applied by all players. If any dispute should occur between teams, that cannot be settled amicably between the team managers, notification of the dispute should be referred to the Divisional Secretary on the following Monday. It will then be forwarded to the Competition Secretary and then the Leagues Management Committee will decide on what most appropriate action should be taken.
- (o) At the beginning of a game the choice of ends/kick-off shall be decided by the toss of a coin. Play shall be started by a kick-off from the centre mark.

After any other stoppage the game will be re-started by the referee dropping the ball at a point nearest to where it was when play was suspended, unless it was in the goalkeeper's possession, when the player shall, at the referee's signal, kick the ball out to re-start the game.

The referee shall not drop the ball within 6' (2 metres) of the lines marking the goal areas or within 6' (2 metres) of the sidelines.

- (p) Ball in and out of play - Normal rules shall apply.

There are no height restrictions.

The ball shall be in play at all times from the start of the game, unless:

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- (i) The ball has crossed the goal line or sidelines surrounding the playing area.
  - (ii) The game has been stopped by the referee.
- (q)** A goal is scored when the whole of the ball crosses the goal-line between the goal posts and under the cross bar, provided it has not been thrown, carried or propelled by hand or arm by a player of the attacking side, except in the case of the goalkeeper who is within her own penalty area
- (r)** A goal is scored when the whole of the ball crosses the goal-line between the goal posts and under the cross bar, provided it has not been thrown, carried or propelled by hand or arm by a player of the attacking side, except in the case of the goalkeeper who is within her own penalty area
- (s)** There is no offside. Players may place themselves in any part of the playing area.
- (t)** Fouls and Misconduct
- (i) Charging is forbidden and shall be penalised by the awarding of a direct free kick.
  - (ii) A player who unfairly impedes the progress of an opponent when not playing the ball, shall be penalised by the awarding of an indirect free kick.
- A player who is sent off shall not be allowed to take any further part in the game. No substitute is allowed for a player dismissed for misconduct during the game in which the offence occurred.
- (u)** When a player is taking a direct or indirect free kick all of the opposing players shall be at least 6' (1.82metres) from the ball until it is played.
- (v)** A penalty kick shall be taken from the edge of the penalty area, opposite the centre of the goal, and except for the defending goalkeeper, only the player taking the kick can enter the penalty area and for that purpose only.
- (w)** Goalkeeper Returning the Ball into Play
- After holding the ball the goalkeeper must immediately return the ball into play with a throw or a fly kick.
- Goal kicks are taken anywhere on the edge of the 6 yard box, except in the case of the Under 10s / 12's who can bring the ball up to the edge of the 18 yard box. The goal kick must be kicked out of the penalty area before being kicked by another player. The opposition must be 3 yards away.
- (x)** There are no restrictions regarding the number of players within the penalty area except when a penalty kick has been awarded, and then only the player taking the kick can enter the goal area.

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Only the goalkeepers can handle the ball inside the penalty area. There are no restrictions on the number of steps they may take whilst holding the ball.

If a goalkeeper leaves the penalty area she is then treated as any other player.

- (y) Corner Kicks - The opposition must be at least 6' (2 metres) away.
- (z) The Under 12's are permitted to pass the ball back to their goalkeeper, but for Under 14's and Under 16's, any player passing the ball back to their own goalkeeper, the following rules apply:-
  - (i) An indirect free kick will be awarded if the keeper touches the ball with her hands after it has been deliberately kicked to her by a team member.
  - (ii) An indirect free kick will be awarded if the keeper handles the ball after she has received it from a throw in from her own team.
  - (iii) The goalkeeper can handle the ball if a player on her team has used her head, chest, knee etc., to pass the ball to her.

### 11. **RESULTS**

As per the Peter Houseman Youth League Rules.

### 12. **DETERMINING CHAMPIONSHIP**

As per the Peter Houseman Youth League Rules.

### 13. **REFEREES AND ASSISTANT REFEREES**

As per the Peter Houseman Youth League Rules.

### 14. **CONTINUATION OF MEMBERSHIP OR WITHDRAWAL OF CLUB**

As per the Peter Houseman Youth League Rules.

### 15. **PROTESTS & COMPLAINTS**

As per the Peter Houseman Youth League Rules.

### 16. **BOARD OF APPEAL**

As per the Peter Houseman Youth League Rules.

17. **EXCLUSION OF CLUBS, MISCONDUCT OF CLUBS, OFFICIALS & PLAYERS**

As per the Peter Houseman Youth League Rules.

18. **TROPHY-LEGAL OWNERS, CONDITIONS OF TAKING OVER, AGREEMENT TO BE SIGNED, AWARDS**

As per the Peter Houseman Youth League Rules.

19. **SPECIAL MEETINGS**

As per the Peter Houseman Youth League Rules.

20. **ALTERATION TO THE RULES**

As per the Peter Houseman Youth League Rules.

21. **FINANCE**

As per the Peter Houseman Youth League Rules.

22. **RULES BINDING ON CLUBS**

As per the Peter Houseman Youth League Rules.

23. **OTHER RULES**

As per the Peter Houseman Youth League Rules.

24. **PLAYING ABOARD OR FOREIGN CLUBS**

As per the Peter Houseman Youth League Rules.

25. **GENERAL INFORMATION**

As per the Peter Houseman Youth League Rules.